

A person with ADHD has certain characteristics, specific to their diagnosis, which interfere in their daily life: Difficulties in concentrating, in time-management and planning, in finishing tasks, in controlling their impulses... These aspects can be improved and managed well with a good multidisciplinary and early intervention.

We have spent years listening words, promises, good intentions, but the result is all kinds of TROUBLES, and we remain AT THE SAME PLACE, AT THE SAME STARTING POINT.

YEAR AFTER YEAR, our children with ADHD are denied inclusion in the study grants and subsidies for students with specific educational support needs managed by the Ministry of Education. Why is it that some have them and others don't? This is called DISCRIMINATION. WE SHOULD ALL BE ABLE TO GET THEM.

NOW, we find a new Mental Health Strategy for 2021/24 that includes ADHD withing conduct disorders when it is really a neurodevelopmental disorder, what can we expect from the authorities responsible for the mental health department if they show this SHAMEFUL DISCONNECTION about what is ADHD.

EVERY DAY parents are confronted with education professionals who think they have the RIGHT to deny and question a medical diagnosis. Would they do the same with a diagnosis of diabetes?

EVERY DAY, our adolescents at the age of 18 see their treatment withdrawn and they are even discharged...because ADHD is a child's thing. What happens, today at 17 I can take medication and tomorrow at 18 they can't?

EVERYDAY ADULT PEOPLE are questioned and misunderstood by their family and work environment and even by health professionals who play down the importance of their suffering and difficulty in managing their lives. For the moment they hide their diagnosis to avoid suffering. Imagine you are asthmatic... would you hide it? Not really, because your life could be in danger. Mental health also causes pain and has lifelong consequences.

EVERY DAY IS A STRUGGLE

BUT IF THERE IS ONE THING THAT PEOPLE WITH ADHD HAVE, IT IS:

FIGHTING SPIRIT, IMAGINATION, WE ARE GREAT GENERATORS OF IDEAS, INEXHAUSTIBLE.

AND WITH ALL OF THIS, AND FOR EACH AND EVERY PERSON WITH ADHD, WE WILL CONTINUE TO FIGHT AND OVERCOME OBSTACLES... NOBODY WILL STOP US.



¡VENCIENTO TRABAS!